

### Provisional Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race No	Race Place
1	0:33:32	BLOOMFIELD, Crispian	Billericay Striders	Mens Senior	415	1
2	0:35:59	LAW, Andrew	Basildon		400	2
3	0:36:14	COX, Dave	Woodford Green	Mens Vet 50	509	3
4	0:36:48	BETHELL, Jared	Harlow Running Club	Mens Senior	385	4
5	0:37:54	RUGG, Alan	Woodford Green	Mens Vet 50	456	5
6	0:38:11	ANDERSON, Paul	Springfield Striders	Mens Senior	500	6
7	0:38:21	HARPER, Kevin		Mens Senior	443	7
8	0:38:54	LAUGHTON, Nick	Grange Farm Trotters	Mens Senior	518	8
9	0:39:02	OAKES, Fiona	vegan running club	Ladies Vet 35	851	9
10	0:39:22	JEPHCOTT, Jamie	Harlow Running Club	Mens Vet 40	386	10
11	0:39:43	WISKEN, Greg	M/Essex Casuals	Mens Vet 40	438	11
12	0:39:49	BOWRING, Simon	Springfield Striders	Mens Senior	451	12
13	0:40:00	BELL, Peter		Mens Senior	505	13
14	0:40:06	KENT, Glen	Chelmsford	Mens Vet 50	418	14
15	0:40:14	WOODRUFF, Michael		Mens Vet 40	414	15
16	0:40:18	MILES, Lloyd		Mens Vet 40	393	16
17	0:40:23	RAVEN, Stuart	Springfield Striders	Mens Senior	423	17
18	0:40:56	PORTER, Mark		Mens Vet 40	360	18
19	0:41:31	TENNANT, John	Harlow Running Club	Mens Vet 60	389	19
20	0:41:37	NICHOLLS, Craig	Thrift Green Trotter	Mens Senior	510	20
21	0:41:44	HURLEY, David	Benfleet Running Club	Mens Vet 40	424	21
22	0:42:35	MICKEY, Steven	Benfleet Running Club	Mens Senior	462	22
23	0:42:42	KERN, Wayne	Halstead Road Runners	Mens Vet 40	379	23
24	0:43:35	BERRY, Roger	Walthamstow Athletic Club	Mens Vet 60	412	24
25	0:43:59	LANGELAND, Nick		Mens Senior	397	25
26	0:44:17	BUTCHER, Brian	M/Essex Casuals	Mens Vet 60	375	26
27	0:44:43	CARTLEDGE, Matthew		Mens Senior	362	27
28	0:44:58	GILMORE, Desmond	Springfield Striders	Mens Senior	450	28
29	0:45:15	VAN TOL, Mr M		Mens Vet 40	516	29
30	0:45:30	ALLISON, Rob		Mens Vet 40	444	30
31	0:45:33	DAY, April		Ladies Vet 35	857	31
32	0:45:48	WHITING, Andrew		Mens Senior	429	32
33	0:46:32	THOMSON, Andrew	Havering 90 Joggers	Mens Senior	512	33
34	0:46:45	BARNARD, Thomas		Mens Senior	403	34
35	0:47:06	RUDOLF, Stephen	trial runners association	Mens Vet 40	503	35
36	0:47:15	THACKERAY, Charlie		Mens Vet 40	356	36
37	0:47:21	MOORE, Daniel		Mens Senior	406	37
38	0:47:31	RUSSELL, James		Mens Vet 50	407	38
39	0:47:33	TYLER, Brian		Mens Vet 50	420	39
40	0:47:50	JONES, Matthew	Harlow Running Club	Mens Vet 40	449	40
41	0:47:56	CALVER, James		Mens Senior	427	41
42	0:47:58	CAMACHO, Carlos		Mens Vet 50	504	42
43	0:48:04	BAMFORD, Paul		Mens Vet 40	388	43
44	0:48:15	KING, Mark		Mens Vet 40	355	44
45	0:48:20	BONNEY, Graham		Mens Vet 40	430	45
46	0:48:30	DUTNALL, Barry		Mens Vet 60	373	46
47	0:48:41	FARRANCE, Roy	Thrift Green Trotter	Mens Vet 60	437	47
48	0:48:43	GILL, Matthew		Mens Senior	441	48
49	0:48:45	TIMBRELL, Jodie	Thrift Green Trotter	Ladies Senior	848	49
50	0:48:57	BEECH, Steve	Pitsea Running Club	Mens Vet 50	436	50
51	0:49:01	BAKER, Ruben		Mens Senior	513	51
52	0:49:04	HARRISON, Laurence	Billericay Striders	Mens Vet 40	435	52
53	0:49:11	STAINES, Mick	Castle Point Joggers	Mens Vet 60	511	53
54	0:49:29	KIRBY, Kevin	London Heathside	Mens Vet 40	410	54
55	0:49:30	MYERS, Dennis		Mens Vet 60	378	55
56	0:49:41	DUNNING, Ryan	Brentwood Heartbeaters	Mens Senior	464	56
57	0:49:46	TAYLOR, Alison		Ladies Senior	794	57

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
58	0:49:46	SMITH, Ella		Ladies Senior	797	58
59	0:50:02	BARTER, Nigel		Mens Vet 40	366	59
60	0:50:51	SAUNDERS, Rob	Ware Joggers	Mens Senior	425	60
61	0:51:07	BIRCH, Kevin		Mens Senior	363	61
62	0:51:09	D'SOUZA, Christopher		Mens Vet 40	365	62
63	0:51:10	COLLIER, Martin		Mens Vet 40	354	63
64	0:51:32	MORLEY, James		Mens Senior	447	64
65	0:51:40	WASTELL, Keith	Brentwood Heartbeaters	Mens Vet 60	411	65
66	0:51:50	SILVERTON, Ross	Witham Running Club	Mens Vet 60	390	66
67	0:51:54	SWETTENHAM, David		Mens Vet 40	408	67
68	0:51:56	RICHARDS, Lauren		Ladies Vet 35	817	68
69	0:52:06	DYMOND, Steve		Mens Vet 50	413	69
70	0:52:06	GRIDLEY, David	Havering 90 Joggers	Mens Vet 40	459	70
71	0:52:08	FINDLAY, Alan	Bishop Stortford	Mens Vet 40	452	71
72	0:52:18	CHILDS, Simon		Mens Vet 50	401	72
73	0:52:33	GUNNING, Julie	Brentwood Heartbeaters	Ladies Vet 45	830	73
74	0:52:41	ROBERTS, Darren		Mens Vet 40	453	74
75	0:52:52	JOLLY, Stephen		Mens Vet 50	394	75
76	0:52:55	WHITING, Richard	Herts Phoenix Athletic Club	Mens Vet 50	428	76
77	0:52:57	NILLS, Lizzy		Ladies Vet 35	864	77
78	0:53:19	SMITH, Michael		Mens Senior	507	78
79	0:53:34	ALLEN, Julian		Mens Vet 40	391	79
80	0:53:46	COLE, Richard		Mens Senior	445	80
81	0:54:06	MCREVER, Gill		Ladies Vet 45	855	81
82	0:54:10	SAVILL, Stuart		Mens Senior	382	82
83	0:54:20	FLANNIGAN, Teresa	Pitsea Running Club	Ladies Vet 55	843	83
84	0:54:40	STYLES, Terry	Herts Phoenix Athletic Club	Mens Vet 50	515	84
85	0:54:45	SEALS, Mandy		Ladies Senior	858	85
86	0:54:54	DEAN, Andrew		Mens Vet 40	361	86
87	0:55:19	RADCLIFFE, Nigel	Woodham Runners	Mens Vet 50	506	87
88	0:55:20	BROWN, Kate		Ladies Vet 45	838	88
89	0:55:27	ELTHAM, Michael			421	89
90	0:55:36	BEACH, Paul		Mens Vet 50	519	90
91	0:55:47	THOROGOOD, Keith	Halstead Road Runners	Mens Vet 50	380	91
92	0:55:52	O'RIORDAN, Tom		Mens Vet 40	508	92
93	0:56:00	TOVES, Gill		Ladies Vet 45	856	93
94	0:56:05	KING, Gillian	Brentwood Heartbeaters	Ladies Vet 35	831	94
95	0:56:09	RAMAGE, Phil		Mens Senior	446	95
96	0:56:09	PYKE, Linda	Pitsea Running Club	Ladies Vet 35	841	96
97	0:56:10	FISHER, Jacqueline	Pitsea Running Club	Ladies Vet 35	842	97
98	0:56:13	KENT, Margaret		Ladies Vet 45	800	98
99	0:56:30	MAY, Stephen		Mens Vet 40	520	99
100	0:56:38	WILLIS, Daniel		Mens Senior	384	100
101	0:56:38	KALKAN, Erhul		Mens Senior	387	101
102	0:56:41	KERR, Simon		Mens Senior	463	102
103	0:57:02	CATT, Lorna		Ladies Vet 45	849	103
104	0:57:04	MYHILL, William		Mens Vet 40	381	104
105	0:57:20	FARRAR, Ian		Mens Vet 50	440	105
106	0:57:22	LAKE, Christopher		Mens Vet 40	409	106
107	0:57:34	EMERICK, David	Witham Road Runners	Mens Vet 60	376	107
108	0:57:37	MILLS, Joanne	Harlow Running Club	Ladies Vet 55	839	108
109	0:57:40	LAWSON, Stephen	Havering 90 Joggers	Mens Vet 50	374	109
110	0:58:11	MARSON, Roger		Mens Vet 50	501	110
111	0:58:20	GIGG, Denise		Ladies Vet 45	840	111
112	0:58:21	MORDECAI, Scott		Mens Senior	396	112
113	0:58:30	DODD, John		Mens Vet 60	454	113
114	0:58:42	CROWTHER, Stuart	Brentwood Heartbeaters	Mens Vet 40	433	114
115	0:58:45	SEALS, Bill		Mens Vet 50	458	115
116	0:58:45	LANCELEY, Karen	Brentwood Heartbeaters	Ladies Vet 35	829	116
117	0:58:53	EDWARDS, Jane		Ladies Vet 45	847	117

**Provisional Results for All Competitors in finish order.**

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
118	0:58:55	WRIGHT, Alexandra		Ladies Senior	793	118
119	0:58:56	RAMAGE, Robert		Mens Senior	448	119
120	0:59:08	COTTRELL, Michael	Billericay Striders	Mens Vet 60	417	120
121	0:59:10	QUINN, Terry		Mens Vet 40	442	121
122	0:59:29	MARSHALL, Michael		Mens Senior	372	122
123	0:59:37	NEWTON-FISHER, Naomi		Ladies Senior	859	123
124	0:59:43	EVANS, Alexander			432	124
125	0:59:44	EVANS, Robert		Mens Vet 50	431	125
126	0:59:48	LANGA, Sally		Ladies Senior	861	126
127	1:00:00	LAVERACK, Nicola		Ladies Senior	835	127
128	1:00:15	SMITH, John		Mens Vet 50	383	128
129	1:00:52	BOXALL, Charlotte		Ladies Vet 35	862	129
130	1:00:52	BOXALL, David		Mens Vet 40	517	130
131	1:01:45	SMITH, Sarah		Ladies Vet 35	820	131
132	1:01:47	ALLEN, Elaine		Ladies Vet 45	824	132
133	1:02:22	DAY, Jennifer		Ladies Vet 35	836	133
134	1:02:22	CLARK, Darren		Mens Senior	419	134
135	1:02:24	RAMAGE, Jo		Ladies Vet 35	854	135
136	1:02:31	WRIGHT, Stuart	Havering 90 Joggers	Mens Senior	455	136
137	1:02:58	ROSSITER, Daniel		Mens Vet 40	514	137
138	1:02:58	POLLARD, Steven	Thriftwood	Mens Senior	460	138
139	1:03:01	REVELANT, Michelle		Ladies Vet 35	828	139
140	1:03:07	TISDALE, David		Mens Vet 40	422	140
141	1:03:08	HOWLETT, Beverley		Ladies Vet 35	795	141
142	1:03:24	BRYANT, Victoria	Havering 90 Joggers	Ladies Senior	815	142
143	1:03:39	ELTHAM, Heather	Thrift Green Trotter	Ladies Vet 45	837	143
144	1:03:57	POTTER, David	Thrift Green Trotter	Mens Vet 40	461	144
145	1:04:04	JORDAN, Ray		Mens Vet 40	457	145
146	1:04:50	PORTER, Heather		Ladies Vet 45	821	146
147	1:05:05	WARBOYS, Pip	M/Essex Casuals	Mens Vet 50	502	147
148	1:05:11	DAHLSVEEN, Karen		Ladies Vet 35	850	148
149	1:05:25	SMITH, Lisa		Ladies Vet 45	796	149
150	1:06:17	CHANDLER, Stephen		Mens Vet 40	353	150
151	1:07:10	BOOR, Sally		Ladies Vet 35	799	151
152	1:07:32	DYMOND, Elizabeth		Ladies Vet 45	833	152
153	1:08:43	ARBER, Sharon		Ladies Vet 45	792	153
154	1:10:15	ALLISON, Mrs R		Ladies Vet 35	853	154
155	1:10:20	PENNY, Jean		Ladies Vet 45	852	155
156	1:10:21	POLLARD, Marie	Thriftwood	Ladies Vet 45	860	156
157	1:10:21	PENNY, Roger		Mens Vet 50	439	157
158	1:12:04	SILVERTON, Cheryl		Ladies Vet 55	834	158
159	1:14:35	SHORNEY, Gail		Ladies Senior	844	159
160	1:14:35	EMERICK, Naomi	Witham Running Club	Ladies Vet 55	818	160
161	1:17:25	ALSOP, Sandra		Ladies Senior	791	161
162	1:18:22	MCCULLAGH, Lynn		Ladies Vet 45	863	162
163	1:20:28	WITCHALLS, Roy		Mens Vet 60	392	163
164	1:24:47	MCGUIRE, Kerry-Lee	Brentwood Heartbeaters	Ladies Vet 45	832	164
165	1:31:09	NORTH, Tracey		Ladies Vet 35	845	165

There were 165 finishers in the All Competitors category.