

High Ongar 10k Charity Race

High Ongar 10k fun run

Sunday 3 July 2005. 11:00 am

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
1	0:35:23	REYNOLDS, Bryn	Omega	Junior Male	115	1
2	0:35:37	COX, Dave	Woodford Green	Male Vet 50+	143	2
3	0:36:12	BROUGHTON, Alan	Harlow Running Club	Male vet 40+	106	3
4	0:36:16	BRAYBROOKS, Roger		Senior Male	150	4
5	0:36:41	WRIGHT, Will		Junior Male	28	5
6	0:36:54	HOUGHTON, Andrew		Male vet 40+	73	6
7	0:37:02	WARD, Andrew	Herne Hill Harriers	Senior Male	48	7
8	0:37:12	O'SULLIVAN, Ronnie (Rocket)	Woodford Green	Senior Male	84	8
9	0:37:37	WILKINSON, Keith	Chelmsford	Male Vet 50+	13	9
10	0:37:57	BERRETT, Paul	Havering	Male vet 40+	32	10
11	0:38:22	SHAFER, Lawrence	East London Triathletes	Male vet 40+	108	11
12	0:38:33	CHASE, Paul	Woodford Green	Male vet 40+	125	12
13	0:38:35	COLEMAN, Andrew	Woodford Green	Male vet 40+	124	13
14	0:38:38	DESBOROUGH, Steve		Senior Male	146	14
15	0:38:43	CLARKE, Paul	Woodford Green	Senior Male	89	15
16	0:38:45	WALLIS, Johnny	Woodford Green	Male vet 40+	118	16
17	0:38:52	TENNANT, John	Harlow Running Club	Male Vet 50+	27	17
18	0:39:07	JACKSON, Mark	M/Essex Casuals	Male vet 40+	45	18
19	0:39:14	WOOTTON, Graham	Woodford Green	Male Vet 50+	144	19
20	0:39:29	FULKER, Steve	Billericay Striders	Male Vet 50+	90	20
21	0:39:35	BERLEIN, Abolkarm	Iford AC	Male vet 40+	95	21
22	0:39:47	HOLDER, Julian	Pitsea Running Club	Senior Male	8	22
23	0:39:52	GRIDLEY, David	Havering 90 Joggers	Senior Male	75	23
24	0:40:07	KING, Wendy		Senior Female	233	24
25	0:40:20	LUCK, Jamie	Harlow Running Club	Senior Male	92	25
26	0:40:24	O'DONOGHUE, Mark		Male vet 40+	137	26
27	0:40:35	CONNOLLY, Hugh		Senior Male	145	27
28	0:40:42	GEARING, Danny	Havering 90 Joggers	Senior Male	76	28
29	0:40:44	LAUGHTON, Nicholas	Grange Farm Trotters	Senior Male	141	29
30	0:40:59	CLARK, Alan	Billericay Striders	Senior Male	61	30
31	0:41:00	WILSON, Victor	Woodford Green	Male Vet 50+	86	31
32	0:41:06	CREAK, Nick		Male vet 40+	21	32
33	0:41:28	SPONG, Sue	Havering 90 Joggers	Female Vet 45+	244	33
34	0:41:35	MUSSETT, Annette	Chelmsford	Senior Female	242	34
35	0:42:00	COATES, Richard		Senior Male	44	35
36	0:42:13	SAUNDERS, Paul		Senior Male	80	36
37	0:42:19	GREEN, Roger	Woodford Green	Male Vet 50+	140	37
38	0:42:23	PARKS, Nick		Senior Male	91	38
39	0:42:25	HUNTER, Ian	Orion Harriers	Senior Male	105	39
40	0:42:26	THOMSON, Andrew	Havering 90 Joggers	Senior Male	142	40
41	0:43:02	JOHNSON, John		Male Vet 50+	41	41
42	0:43:07	MCCOLGAN, Martin	Harlow Running Club	Male vet 40+	63	42
43	0:43:14	CHRISTMAS, Keith	Pitsea Running Club	Senior Male	79	43
44	0:43:20	NORDIN, Breeze	Iford AC	Female Vet 45+	252	44
45	0:43:34	WALLEN, Brigid	Chelmsford	Female Vet 35+	208	45
46	0:43:51	WISE, Alan	Harlow Running Club	Senior Male	148	46
47	0:44:03	BEAZELEY, Chris	Springfield Striders	Senior Male	120	47
48	0:44:04	HARNETT, Dennis	Road Runners Club	Senior Male	12	48
49	0:44:08	HARRISON, Laurence	Billericay Striders	Senior Male	64	49
50	0:44:11	MATVEICHUK, Kathryn	Witham Road Runners	Senior Female	223	50
51	0:44:15	THORPE, Julian	Woodford Green	Male vet 40+	119	51
52	0:44:16	MALCOLM, Kate		Senior Female	248	52
53	0:44:19	BOTTRILL, Darren	Iford AC	Senior Male	121	53
54	0:44:26	LEE, Daniel		Senior Male	60	54
55	0:44:33	PELLECCHIA, Pasquale	Harlow Running Club	Male Vet 50+	128	55
56	0:44:35	FUENTE, Fernando		Male Vet 50+	147	56

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* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

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Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
57	0:44:43	JONES, Steve	Thurrock Nomads	Male Vet 50+	136	57
58	0:44:45	MERCHANT, Roger	Pitsea Running Club	Male vet 40+	111	58
59	0:44:51	JACKSON, Keith	Pitsea Running Club	Male Vet 50+	85	59
60	0:44:59	HOPKINSON, Nicola	Ilford AC	Female Vet 35+	253	60
61	0:45:05	MUNSON, Mike	Havering 90 Joggers	Senior Male	65	61
62	0:45:07	THORPE, Adam		Senior Male	116	62
63	0:45:33	MILNE, Chris	Thurrock Nomads	Male vet 40+	109	63
64	0:45:34	BUTLER, Steven		Senior Male	132	64
65	0:45:40	ARMSTRONG, Derek	Thurrock Nomads	Male Vet 50+	51	65
66	0:45:44	MOLE, Denis	Havering 90 Joggers	Male Vet 50+	107	66
67	0:45:55	BUTCHER, Brian	Castle Point Joggers	Male Vet 50+	127	67
68	0:45:59	RUMBOLD, Neil		Senior Male	102	68
69	0:46:02	KNIGHT, Anthony	Road Runners Club	Senior Male	46	69
70	0:46:04	THOMPSON, Mark		Male vet 40+	47	70
71	0:46:12	WALKER, Susan	Springfield Striders	Female Vet 35+	247	71
72	0:46:30	MARCHANT, Judy	Eton Manner AC	Female Vet 45+	246	72
73	0:46:34	NORTHCOTT, Phillip		Senior Male	97	73
74	0:46:43	BENT, Angela	Pitsea Running Club	Female Vet 45+	225	74
75	0:46:49	WITTICH, Peter	Billericay Striders	Male Vet 50+	54	75
76	0:46:53	HARE, Roger	Castle Point Joggers	Male Vet 50+	104	76
77	0:47:04	HUGHES, Steve		Senior Male	67	77
78	0:47:17	WALLEN, Tony		Senior Male	18	78
79	0:47:18	DALE, Sue	Havering 90 Joggers	Female Vet 45+	245	79
80	0:47:26	SOANE, Ian	Pitsea Running Club	Senior Male	17	80
81	0:47:44	FRANKLIN, Paul	Road Runners Club	Senior Male	29	81
82	0:47:49	ROBERTS, John	Witham Road Runners	Male Vet 50+	56	82
83	0:48:05	MCDONNELL, Chris		Male Vet 50+	96	84
84	0:48:11	MACDONALD, Cheryl	Pitsea Running Club	Female Vet 45+	256	85
85	0:48:27	HAMERSTON, Gerald	Thrift Green Trotter	Male Vet 50+	36	86
86	0:48:41	ALDRIDGE, Wendy		Female Vet 35+	203	87
87	0:48:44	HANDLEY, Mark		Senior Male	149	88
88	0:48:45	JONES, Pamela	Ilford AC	Female Vet 45+	251	89
89	0:49:00	TEER, Robert	Thurrock Nomads	Male Vet 50+	50	91
90	0:49:16	HICKEY, Chris		Male vet 40+	40	92
91	0:49:25	ARTER-FURLONG, Victoria		Senior Female	214	93
92	0:49:26	BYE, Amanda	Omega	Female Vet 35+	250	94
93	0:49:34	PALMER, Richard		Male vet 40+	31	95
94	0:49:36	WRIGHT, Michael		Male vet 40+	122	96
95	0:49:47	WATT, Nick		Senior Male	131	97
96	0:49:48	DURSTON-WYATT, John	Epping Runners	Male Vet 50+	74	98
97	0:49:54	LITTLE, James	Woodford Green	Male Vet 50+	88	99
98	0:49:56	EATON, Mike	Harlow Running Club	Male Vet 50+	14	100
99	0:50:01	HARTLEBURY, Chris	Omega	Male vet 40+	117	101
100	0:50:11	PICKERING, Jim		Male vet 40+	4	102
101	0:50:14	HARE, Jude	Castle Point Joggers	Female Vet 45+	241	103
102	0:50:18	WALKER, Andrew	Springfield Striders	Male vet 40+	113	104
103	0:50:21	LUCK, Ron	Harlow Running Club	Male Vet 50+	93	105
104	0:50:24	REEVES, Julie	Grange Farm Trotters	Senior Female	224	106
105	0:50:25	FOX EVANS, Tim		Male vet 40+	53	107
106	0:50:37	TOMPKINS, Helen	Pitsea Running Club	Female Vet 45+	237	108
107	0:50:50	BRADLEY, Julie	Springfield Striders	Female Vet 35+	257	109
108	0:50:58	HARNETT, Sarah	Road Runners Club	Senior Female	202	110
109	0:50:59	HEARD, Graham		Male Vet 50+	103	111
110	0:51:00	PINDER, Ian		Male vet 40+	58	112
111	0:51:04	COLLIER, Martin		Male Vet 50+	9	113
112	0:51:14	MILLER, John		Male vet 40+	70	114
113	0:51:18	JOHNS, Garry		Male vet 40+	71	115
114	0:51:25	BIRCHER, Karen		Senior Female	81	116
115	0:51:27	BUCKINGHAM, Stephen	Road Runners Club	Male Vet 50+	78	117

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116	0:51:32	WILSON, Ian		Senior Male	69	118
117	0:51:35	LEE, Mike		Senior Male	129	119
118	0:51:45	GAMBLE, Lee		Senior Male	2	120
119	0:51:53	MITCHELL, Jackie	Harlow Running Club	Female Vet 35+	207	121
120	0:51:55	SULLIVAN, Nicola		Senior Female	254	122
121	0:51:58	PICKLES, John		Male Vet 50+	110	123
122	0:52:11	LUNDY, Richard	Thrift Green Trotter	Male vet 40+	25	124
123	0:52:23	RUSTON, Keith	Pitsea Running Club	Male Vet 50+	101	125
124	0:52:28	DAY, Nina	Thrift Green Trotter	Senior Female	221	126
125	0:52:37	MOLE, Eleanor	Havering 90 Joggers	Senior Female	243	127
126	0:52:39	ROSE, Michael		Male vet 40+	87	128
127	0:52:41	ARMSTRONG, Ceri	Thurrock Nomads	Female Vet 45+	218	129
128	0:52:56	SINCLAIR, Val	Pitsea Running Club	Female Vet 45+	229	130
129	0:52:58	PURVIS, Harriet		Female Vet 35+	219	131
130	0:52:59	COWAN, Eleanor	Bishop Stortford	Senior Male	204	132
131	0:53:08	BATES, Peter	Pitsea Running Club	Male Vet 50+	126	133
132	0:53:33	SMITH, Kerstin		Female Vet 35+	260	134
133	0:53:46	RUMBOUS, Naomi		Female Vet 35+	238	135
134	0:53:52	BULLARD, Hugh	Springfield Striders	Male Vet 50+	130	136
135	0:54:06	RANDALL, Gary	Springfield Striders	Male vet 40+	10	137
136	0:54:11	HUGHES, Clive		Senior Male	114	138
137	0:54:30	KNIGHT, William		Senior Male	98	139
138	0:54:38	TRISTON, John		Senior Male	52	140
139	0:54:46	HOLLAND, David	Havering	Male Vet 50+	62	141
140	0:54:48	KNIGHT, Terry		Male Vet 50+	99	142
141	0:54:50	BROOKER, Lisa		Female Vet 35+	211	143
142	0:54:55	STANTON, Sandra	Springfield Striders	Female Vet 35+	234	144
143	0:55:03	RUSSELL, Colin	Road Runners Club	Male Vet 50+	77	145
144	0:55:07	GLEESON, Finn		Male vet 40+	7	146
145	0:55:08	BIRCHER, David		Senior Male	228	147
146	0:55:18	EVANS, John		Male vet 40+	6	148
147	0:55:24	HUFDSOM, Phil		Male vet 40+	20	149
148	0:55:25	LUOTN, Paul	Ware Joggers	Male Vet 50+	33	150
149	0:55:43	BAKER, Dean		Senior Male	3	151
150	0:55:47	BRAME, Tony	Havering	Male Vet 50+	112	152
151	0:55:59	JEFFERIS, Daniel		Senior Male	82	153
152	0:56:00	HAWKES, Jason	Road Runners Club	Senior Male	30	154
153	0:56:05	PROTO, Vince	London Fire Brigade	Male vet 40+	138	155
154	0:56:07	ANDERSON, Michael		Senior Male	152	156
155	0:56:08	WILKS, Paula		Female Vet 35+	259	157
156	0:56:11	SMITH, Kerstin		Female Vet 35+	260	158
157	0:56:12	CRIPPS, Jan		Female Vet 45+	217	159
158	0:56:28	JACOBS, Louisa		Female Vet 35+	235	160
159	0:56:44	WYNNE, Robert		Senior Male	72	161
160	0:56:47	LAZARE, Bianca		Female Vet 35+	201	162
161	0:56:54	PUGH, Tracy	Thrift Green Trotter	Female Vet 35+	258	163
162	0:56:57	ROSS, Bill	Springfield Striders	Male Vet 50+	39	164
163	0:57:05	SULLIVAN, Mark		Senior Male	123	165
164	0:57:07	ROSS, Cathy	Springfield Striders	Female Vet 45+	215	166
165	0:57:34	BRAYBROOKE, Alison		Female Vet 35+	262	167
166	0:57:36	MILLS, Jaqueline	Pitsea Running Club	Female Vet 45+	212	168
167	0:57:39	HARNETT, Dennis	Road Runners Club	Male Vet 50+	11	169
168	0:58:09	POTTER, Dawn	Springfield Striders	Senior Female	232	170
169	0:58:22	KNIGHT, Peter		Male Vet 50+	135	171
170	0:58:29	PEEL, Chris		Senior Male	34	172
171	0:58:49	WOODS, Laurie	Pitsea Running Club	Senior Female	206	173
172	0:58:56	BASSETT, Carmel	Pitsea Running Club	Senior Female	227	174
173	0:58:57	ADLER, Leslie	Havering 90 Joggers	Male Vet 50+	22	175
174	0:59:02	GREENE, Martin		Male vet 40+	134	176

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175	0:59:11	REYNOLDS, Jade	Omega	Junior Female	249	177
176	0:59:12	WEAVER, Kevin	Ware Joggers	Senior Male	42	178
177	0:59:13	MONKS, Suzanne		Female Vet 35+	236	179
178	0:59:14	WEEKES, Donna		Female Vet 35+	239	180
179	0:59:34	PORTER, Karen		Female Vet 35+	200	181
180	1:00:31	WESTGATE, Jaqueline	Harlow Running Club	Female Vet 35+	216	182
181	1:01:06	CORBAY, Clare		Female Vet 35+	210	183
182	1:01:56	SMITH, Daniel		Male vet 40+	83	184
183	1:02:15	JACKSON, Heather	Pitsea Running Club	Female Vet 45+	230	185
184	1:02:30	GOODE, Barry		Senior Male	68	186
185	1:03:31	HUNTER, Dawn		Female Vet 35+	261	187
186	1:03:35	DOWSETT, Catherine		Junior Female	231	188
187	1:04:19	DOWSETT, Fred		Male vet 40+	94	189
188	1:04:58	BATES, Linda	Pitsea Running Club	Female Vet 45+	255	190
189	1:05:32	ELLIS, Andy		Male vet 40+	133	191
190	1:06:11	CRANGLE, Julia		Female Vet 35+	240	192
191	1:06:47	MCKENNA, Fergie	Thurrock Nomads	Male Vet 50+	49	193
192	1:06:58	BENT, Chris	Pitsea Running Club	Male Vet 50+	66	194
193	1:08:00	FARREN, George		Male Vet 50+	19	195
194	1:14:21	PICKTON, Barry		Male Vet 50+	55	196
195	1:28:38	CLOWRY, Kevin		Male Vet 50+	38	197
196	1:28:40	SPOONER, John	Road Runners Club	Male Vet 50+	43	198

There were 196 finishers in the All Competitors category.

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