

High Ongar 2004 Charity fun run High Ongar 2004 Charity Fun Run

Sunday 4 July 2004. 11:00 am

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
1	0:34:27	ROCHE, James	Victoria Park Harriers	Senior Men	31	1
2	0:35:10	COX, Dave	Woodford Green	Male Vet 50+	153	2
3	0:36:10	BROUGHTON, Alan	Harlow Running Club	Senior Men	76	3
4	0:36:25	KERR, Seamus	London Irish	Male Vet 40+	149	4
5	0:37:09	BARRETT, David	Woodford Green	Male Vet 40+	101	5
6	0:37:18	WALLIS, Superstar	Woodford Green	Male Vet 40+	126	6
7	0:37:20	JARDINE, Howard	Grange Farm Trotters	Male Vet 50+	143	7
8	0:37:39	WILKINSON, Keith	Chelmsford	Male Vet 50+	29	8
9	0:37:54	O' SULLIVAN, Rocket Ronnie	Woodford Green	Senior Men	161	9
10	0:37:55	SEIGAR, Simon	Welwyn Garden AC	Senior Men	36	10
11	0:38:13	STOCKINGS, Paul	Woodford Green	Male Vet 40+	162	11
12	0:38:27	BEYNEVELDT, Billy	JFK POST 16	Senior Men	80	12
13	0:38:42	CONNOLLY, Hugh		Senior Men	140	13
14	0:39:05	ADKINS, David		Male Vet 40+	128	14
15	0:39:13	LUCK, Jamie	Harlow Running Club	Senior Men	107	15
16	0:39:18	ALLISON, Rob		Senior Men	45	16
17	0:39:25	ADKINS, Peter		Senior Men	127	17
18	0:40:34	WISE, Alan	Harlow Running Club	Senior Men	173	18
19	0:40:40	O'DONOGHUE, Mark		Male Vet 40+	170	19
20	0:40:43	SPONG, Sue	Havering 90 Joggers	Female Vet 45+	246	20
21	0:40:53	MATTHEW, Iron Man	Harlow Running Club	Senior Men	85	21
22	0:40:57	HART, Greg	Bishop Stortford	Male Vet 40+	141	22
23	0:41:22	DULLEY, Tim		Male Vet 40+	69	23
24	0:41:31	TAYLOR, Neil	Havering 90 Joggers	Senior Men	145	24
25	0:41:41	BOTTOM, Richard	Castle Point Joggers	Senior Men	24	25
26	0:42:07	CLARK, Alan	Billericay Striders	Senior Men	65	26
27	0:42:09	COATES, Richard		Senior Men	64	27
28	0:42:11	CARONELL, Stephen	Halstead Road Runners	Senior Men	25	28
29	0:42:16	SKINNER, Man-of-mystery	Tiptree Road Runners	Male Vet 40+	108	29
30	0:42:31	HOLDER, Justin	Pitsea Running Club	Male Vet 40+	121	30
31	0:42:33	LAUGHTON, Nick		Senior Men	175	31
32	0:42:36	POSSEE, Andrea	Angels	Senior Ladies	240	32
33	0:42:43	GRIDLEY, David	Havering 90 Joggers	Senior Men	112	33
34	0:42:49	BARRON, George	Bishop Stortford	Male Vet 50+	63	34
35	0:43:00	KIRKBY, Robert		Senior Men	116	35
36	0:43:13	BAKER, Sally		Senior Ladies	232	36
37	0:43:16	HARRIS, Julian		Male Vet 40+	177	37
38	0:43:23	ALEXANDROU, Tracey	Thrift Green Trotter	Female Vets 35+	267	38
39	0:43:25	TATLOR, Richard	Springfield Striders	Male Vet 40+	174	39
40	0:43:27	ASSEN, Greg		Male Vet 40+	163	40
41	0:43:28	WHISTON, Arthur	Colchester Harriers.	Male Vet 50+	92	41
42	0:43:31	PRETORTUS, Jacques		Male Vet 40+	139	42
43	0:43:34	MUCKLEY, Garry		Male Vet 40+	168	43
44	0:43:40	POULTER, Phil		Senior Men	137	44
45	0:43:47	THORPE, Julian	Woodford Green	Male Vet 40+	123	45
46	0:43:52	CHARMAN, Sally	Woodford Green	Female Vets 35+	260	46
47	0:43:58	OWUOR, Mark	JFK POST 16	Senior Men	81	47
48	0:44:01	HARRISON, Laurence	Billericay Striders	Senior Men	50	48
49	0:44:06	THOMSON, Andrew	Havering 90 Joggers	Senior Men	37	49
50	0:44:12	KNIGHT, Anthony		Senior Men	27	50
51	0:44:21	LANGMAN, Michael	Road Runners Club	Male Vet 50+	23	51
52	0:44:35	DAVIDSON, Kevin		Male Vet 40+	70	52
53	0:44:36	BEAZELEY, Chris	Springfield Striders	Senior Men	133	53
54	0:44:37	CORD, Sue	Woodford Green	Female Vet 45+	268	54
55	0:44:49	MCCOLGAN, Martin	Harlow Running Club	Male Vet 40+	72	55
56	0:45:03	KNIGHT, Graham	Havering 90 Joggers	Male Vet 40+	103	56

Thank you for supporting the High Ongar Charity Fun Run

* RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com *

Results produced by Epping Runners. Printed by Epping Runners on 20 February 2008

Page 1 of 4

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
57	0:45:07	COLEMAN, Andy		Senior Men	148	57
58	0:45:15	WODE, Guy	MPAA	Senior Men	52	58
59	0:45:30	BENT, Angela	Pitsea Running Club	Female Vet 45+	270	59
60	0:45:35	THOMAS, George		Male Vet 50+	154	60
61	0:45:41	NELDER, Paul		Male Vet 40+	55	61
62	0:45:45	THOMAS, Jenny	Angels	Female Vets 35+	243	62
63	0:45:52	JEX, Mark	Harlow Running Club	Male Vet 40+	166	63
64	0:45:55	TESTER, Pauline	Iford AC	Female Vets 35+	216	64
65	0:46:02	ROBERTS, John	Witham Road Runners		125	65
66	0:46:07	WILSON, Vic	Woodford Green	Male Vet 50+	82	66
67	0:46:14	HOLMES, Nick		Male Vet 40+	113	67
68	0:46:16	TRILL, Gerard		Male Vet 50+	129	68
69	0:46:19	POLDEN, Robert	Inter Pies	Senior Men	91	69
70	0:46:41	GODIER, Neil		Male Vet 40+	131	70
71	0:46:42	THACKERAY, Charlie		Senior Men	99	71
72	0:46:50	JONES, Steve	Thurrock Nomads	Male Vet 50+	109	72
73	0:46:53	ATKINSON, Derek	Thurrock Nomads	Male Vet 50+	75	73
74	0:46:55	TEER, Robert	Thurrock Nomads	Male Vet 50+	73	74
75	0:46:59	SMITH, Neil	McSnells	Senior Men	60	75
76	0:47:10	WARREN-WATSON, Juliet		Female Vets 35+	231	76
77	0:47:24	SMITH, Duncan	Independent	Senior Men	150	77
78	0:47:34	TOZELAND, Clive	Dagenham 88 Runners	Male Vet 40+	165	78
79	0:47:35	TAPSON, David		Male Vet 40+	118	79
80	0:47:36	GAMBLE, Lee	OLD HARLOW SKI & SNOWBOARD CLUB	Senior Men	53	80
81	0:47:37	GILLETT, Richard	27F SQN ATC	Senior Men	46	81
82	0:47:40	CARTER, Gill	Springfield Striders	Female Vets 35+	255	82
83	0:47:41	CORNFORTH, Carolyn	Springfield Striders	Female Vets 35+	257	83
84	0:47:42	DALE, Sue	Havering 90 Joggers	Female Vet 45+	249	84
85	0:48:12	JONES, Mark		Male Vet 40+	98	85
86	0:48:15	COOK, Chris		Male Vet 40+	158	86
87	0:48:18	WITTICH, Peter	Billericay Striders	Male Vet 50+	56	87
88	0:48:23	ALDRIDGE, Wendy		Female Vets 35+	210	88
89	0:48:25	WEST-BULFORD, Simon		Senior Men	138	89
90	0:48:41	MACDONALD, Cheryl	Iford AC	Senior Ladies	227	90
91	0:48:46	DOBIE, Ronald	Havering 90 Joggers	Male Vet 40+	100	91
92	0:48:47	RULE, Lorraine	Thrift Green Trotter	Female Vets 35+	250	92
93	0:48:54	CLARE, Steve	Epping Triathlon Club	Male Vet 40+	79	93
94	0:48:58	GIBBS, John		Male Vet 50+	47	94
95	0:49:12	SOANE, Ian		Senior Men	28	95
96	0:49:13	NASH, Alun		Male Vet 40+	171	96
97	0:49:14	LITTLE, Jim	Woodford Green	Male Vet 50+	83	97
98	0:49:21	ROGERS, Robin	Ware Joggers	Male Vet 40+	38	98
99	0:49:31	HUMPHRYES, Paul		Male Vet 40+	152	99
100	0:49:34	HARTLEBURY, Chris	Havering 90 Joggers	Male Vet 40+	134	100
101	0:49:35	AVIET, Anne Marie		Senior Ladies	224	101
102	0:49:36	HOWELL, Suzanne		Senior Ladies	269	102
103	0:49:38	COOK, Allison	Springfield Striders	Female Vets 35+	230	103
104	0:49:41	WATSON, Stuart		Senior Men	59	104
105	0:49:42	LAWSON, Stephen	Havering 90 Joggers	Male Vet 40+	22	105
106	0:49:58	OWEN, Andrew		Senior Men	40	106
107	0:50:04	WRIGHT, Mike		Male Vet 40+	44	107
108	0:50:08	EATON, Mike		Male Vet 50+	33	108
109	0:50:16	VANLOEN, Belinda	Angels	Senior Ladies	242	109
110	0:50:23	HATTON, Jeff		Senior Men	68	110
111	0:50:24	MOIR, Alan	Harlow Running Club	Male Vet 40+	58	111
112	0:50:40	PAGE, Stephen	Harlow Running Club	Male Vet 40+	96	112
113	0:50:43	WELBURN, Martyn		Male Vet 40+	151	113
114	0:50:50	WAUGH, Steve	.	Male Vet 40+	169	114

Thank you for supporting the High Ongar Charity Fun Run

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportssystem.co.uk Webresults on www.runnerswebuk.com **

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
115	0:50:52	SCUTT, Graham		Male Vet 40+	41	115
116	0:50:54	MOIR, Karen	Harlow Running Club	Female Vets 35+	219	116
117	0:51:02	WALKER, Andrew		Senior Men	146	117
118	0:51:18	SNELLING, Nicola	McSnells	Senior Ladies	221	118
119	0:51:19	MCLINTOCK, Bob	McSnells	Male Vet 50+	62	119
120	0:51:38	BATES, Peter	Pitsea Running Club	Male Vet 50+	130	120
121	0:51:45	MOLE, Eleanor	Havering 90 Joggers	Senior Ladies	247	121
122	0:51:51	HOLMES, Bev	Thrift Green Trotter	Female Vets 35+	258	122
123	0:51:53	THORPE, Robert		Senior Men	164	123
124	0:51:55	PORTER, Graham		Male Vet 40+	135	124
125	0:51:56	WATT, Nick		Senior Men	172	125
126	0:51:58	BOSE, Bruno		Senior Men	54	126
127	0:52:05	WHITE, Philip		Senior Men	86	127
128	0:52:09	HUDSON, Phil		Male Vet 40+	66	128
129	0:52:27	ROBINSON, Roger		Senior Men	30	129
130	0:52:37	LUCK, Ron	Harlow Running Club	Male Vet 50+	102	130
131	0:52:39	KNIGHT, Terry		Senior Men	147	131
132	0:52:42	BAKER, Philip		Senior Men	97	132
133	0:52:45	HARRIS, Nigel		Male Vet 40+	21	133
134	0:52:47	CRIPPS, Jan		Female Vet 45+	244	134
135	0:52:51	PEMBERTON, Debbie		Female Vets 35+	272	135
136	0:53:08	FOWLER, Kevin		Male Vet 50+	122	136
137	0:53:15	MILLS, Jacqueline	Pitsea Running Club	Female Vet 45+	201	137
138	0:53:22	HARDING, Brian	Thrift Green Trotter	Male Vet 50+	119	138
139	0:53:34	BURCHETT, Paul	Thanet R.R.C.	Male Vet 50+	57	139
140	0:53:47	CHUBB, Jacqueline		Female Vets 35+	209	140
141	0:53:56	CEH, Jeremy		Senior Men	114	141
142	0:54:11	ROBINSON, Emma	Colchester Harriers.	Senior Ladies	253	142
143	0:54:26	IRESON, Paul	Pitsea Running Club	Male Vet 40+	84	143
144	0:54:34	CLARK, Fiona	Colchester Harriers.	Female Vets 35+	254	144
145	0:54:36	DAVIS, Richard	Edgemoad	Male Vet 50+	136	145
146	0:54:48	KAVANNAGH, Terence	Havering 90 Joggers		115	146
147	0:54:55	FRANKLIN, Cathy		Female Vets 35+	265	147
148	0:55:10	FRANKLIN, Julie		Female Vets 35+	266	148
149	0:55:27	VAN DER MERWE, Petro		Female Vets 35+	251	149
150	0:55:45	WEALD, Caroline	Pitsea Running Club	Female Vet 45+	239	150
151	0:55:46	SIMPSON, Gary	Pitsea Running Club	Male Vet 40+	132	151
152	0:55:47	RUMBOLD, Ian	Dragons	Senior Men	88	152
153	0:55:50	AUSTIN, Lynda		Female Vets 35+	262	153
154	0:55:52	SMITH, Mark		Senior Men	157	154
155	0:55:55	WOODS, Laurie		Senior Ladies	206	155
156	0:56:15	PEEL, Chris		Senior Men	49	156
157	0:56:16	BUSHELL, Claire		Female Vet 45+	226	157
158	0:56:38	GREEN, Phil		Male Vet 40+	105	158
159	0:56:44	BULLARD, Hugh	Springfield Striders	Male Vet 50+	120	159
160	0:56:58	SAUNDERS, Joanne		Female Vets 35+	256	160
161	0:57:08	PENFOLD, Keith	Havering 90 Joggers	Male Vet 50+	111	161
162	0:57:11	MALLON, Tony	Thrift Green Trotter	Male Vet 40+	94	162
163	0:57:12	EASTER, Christopher	Thrift Green Trotter	Male Vet 50+	95	163
164	0:57:13	BELL, Helen		Female Vets 35+	233	164
165	0:57:22	TAYLOR-STODDARD, Nick	Dragons	Senior Men	89	165
166	0:57:27	HOMEWOOD, Chris	Team Perivan	Male Vet 40+	77	166
167	0:57:28	WRATTON, Nigel	Team Perivan	Senior Men	78	167
168	0:57:31	GREEN, Carol		Female Vets 35+	204	168
169	0:57:32	KNIGHT, William		Senior Men	144	169
170	0:57:39	LUNDY, Richard		Male Vet 40+	34	170
171	0:57:42	ADLER, Leslie	Havering 90 Joggers	Male Vet 50+	42	171
172	0:57:43	NORRINGTON, Alison	Thrift Green Trotter	Female Vets 35+	238	172
173	0:57:49	SMITH, Matthew		Senior Men	142	173

Thank you for supporting the High Ongar Charity Fun Run

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race</i>	<i>Race</i>
174	0:57:57	MCDONALD, Steve	TSE	Male Vet 40+	90	174
175	0:58:23	SURTEES, Elizabeth		Senior Ladies	217	175
176	0:58:30	HOWSON, Christine		Female Vets 35+	202	176
177	0:58:33	BEAVIS, Derek			155	178
178	0:58:34	GAYLER, Duncan	Inter Pies	Senior Men	93	179
179	0:58:38	SMALLWOOD, Liz		Senior Ladies	241	180
180	0:58:48	SMITH, Laura		Senior Ladies	252	181
181	0:58:55	ANDERSON, Kimberly		Senior Ladies	236	182
182	0:59:06	BRIGGS, Jonathon		Male Vet 50+	51	183
183	0:59:34	WARBOYS, Pip		Male Vet 50+	156	185
184	0:59:37	PORTER, Heather		Female Vets 35+	248	186
185	0:59:42	PRICE, Matthew	McSnells	Senior Men	61	187
186	0:59:59	BASSETT, Carmel	Thurrock	Female Vet 45+	234	188
187	1:00:03	JARVIS, Robert		Senior Men	124	189
188	1:00:18	WEIR, Pauline		Senior Ladies	264	190
189	1:00:23	APPLETON, Annette		Senior Ladies	225	191
190	1:01:22	JEFFERIS, Daniel		Senior Men	159	192
191	1:01:35	ROSE, Michael	Woodford Green	Male Vet 40+	110	193
192	1:01:50	SULEMAN, Nasreen	Thrift Green Trotter	Senior Ladies	259	194
193	1:01:51	ADAMS, Linda	Thrift Green Trotter	Female Vet 45+	261	195
194	1:01:53	KIRKBY, John	Harlow Running Club	Senior Men	117	196
195	1:02:11	NOBLE, Ian		Male Vet 40+	87	197
196	1:02:33	BEARD, Lynsey		Senior Ladies	215	198
197	1:03:28	MCLINTOCK, Kerry	McSnells	Senior Ladies	235	199
198	1:03:29	MCLINTOCK, Lyn	McSnells	Female Vet 45+	220	200
199	1:03:43	O'REGAN, Marie	Thrift Green Trotter	Female Vets 35+	237	201
200	1:04:28	GROVES, Vicki		Senior Ladies	203	202
201	1:06:15	COOK, Jackie		Female Vet 45+	271	203
202	1:07:08	HANCOCK, Jamie		Male Vet 40+	160	204
203	1:08:06	FORTH, Janice		Senior Ladies	218	205
204	1:08:07	HACKER, Lisa		Senior Ladies	212	206
205	1:08:45	BLISS, Jan		Female Vet 45+	211	207
206	1:08:58	SHEPHERD, Karen	Harlow Running Club	Female Vets 35+	213	208
207	1:09:15	HAVIS, Ruth	Thrift Green Trotter	Senior Ladies	223	209
208	1:10:59	PROFFITT, Nicola		Senior Ladies	263	210
209	1:15:18	PARSONS, Bob	Barking Road Runners		167	211
210	1:16:41	LILLINGTON, Julian		Senior Men	106	212
211	1:17:11	MARTYN, Simon	27F SQN ATC	Senior Men	71	213
212	1:17:50	BAKER, Shirley		Female Vet 45+	245	214

There were 212 finishers in the All Competitors category.

Thank you for supporting the High Ongar Charity Fun Run

** RaceMaster98 from Sport Systems +44(0)870 5123 www.sportsystems.co.uk Webresults on www.runnerswebuk.com **